

November 10, 2024

BELOVED MEMBERS OF THE PROVO YSA 16TH STAKE,

As part of our ongoing efforts to “Center our Lives on Jesus Christ through a Covenant Relationship with Him,” we invite you to join us as we engage in a deep study of Jesus Christ this holiday season. A deep study of the Savior, His life, and His teachings, will change us and draw His power into our lives.

President Russell M. Nelson has said:

“The more you learn about the Savior, the easier it will be to trust in His mercy, His infinite love, and His strengthening, healing, and redeeming power.” (“Christ Is Risen; Faith in Him Will Move Mountains,” April 2021 GC)

He also said in the most recent general conference:

“I urge you to devote time each week—for the rest of your life—to increase your understanding of the Atonement of Jesus Christ.” (“The Lord Jesus Christ Will Come Again,” Oct. 2024)

The study guide below is quite simple: Each week focuses on one aspect of the Savior’s mission, life, and ministry. Each week of the study guide provides suggested scriptures, talks, videos, supplemental material, and a question to prompt reflection and revelation as you journal about what you have learned and felt. We invite you to participate each week, doing what you can among your other responsibilities.

We share our testimony that learning more about and focusing on the Savior will change you and bring His power into your life, adding much needed joy, peace, rest, and relief.

Will you join us in a deep study of the Savior this holiday season? We hope so.

We love you.

PRESIDENT SANDBERG
PRESIDENT NELSON
PRESIDENT MCCLELLAN



THE PREMORTAL CHRIST

WEEK OF NOV. 17

SCRIPTURES

Moses 4:1-4 & 1:30-33; Exodus 3:11-14; Ether 3:6-20;
Abraham 3:22-28; 3 Nephi 9:15; “Jehovah” in the Bible Dictionary

TALKS

“The Creation,” President Nelson, April 2000 GC;
“Covenants,” President Nelson, Oct. 2011 GC

VIDEOS

“Christ the Creator,” Elder Neal A. Maxwell; “The Creation of the Earth”

SUPPLEMENTAL MATERIAL IF DESIRED

Lessons 3-5 in Jesus Christ and the Everlasting Gospel
Institute Teachers Manual, (Gospel Library App [GLA])

QUESTION FOR JOURNALING

How does an understanding of Jesus Christ as the Creator of this world and God of the Abrahamic covenant increase your faith in and your desire to center your life on Christ?



THE MORTAL CHRIST

WEEK OF NOV. 24

SCRIPTURES

Matthew 4; Mark 5; Luke 7; John 9; 1 Ne 11:26-32

TALKS

“The Sacrament—a Renewal for the Soul,” Sister Cheryl A. Esplin, Oct. 2014 GC; “The Master Healer,” Sister Carole M. Stephens, Oct. 2016 GC; “Lord, I Believe,” President Jeffrey R. Holland, April 2013 GC

VIDEOS

Pick any of the Bible videos to watch from the “Miracles” or “Teachings” tabs (GLA, Jesus Christ, Bible videos) or watch several episodes of The Chosen that focus specifically on Christ’s teachings and miracles (BYUtv)

SUPPLEMENTAL MATERIAL IF DESIRED

Lessons 8-15 & 21 in Jesus Christ and the Everlasting Gospel Institute Teachers Manual (GLA)

QUESTION FOR JOURNALING

How has this study of the life and ministry of the Savior increased your desire to let Him prevail in your life? What changes are you going to make today to place your covenant relationship with Jesus Christ as the most important priority in your life?



THE ATONING CHRIST

WEEK OF DEC. 1

SCRIPTURES

Matthew 26:26-29, 36-38; John 18-19; Alma 7:11-13;
3 Nephi 27:13-15; Mosiah 3:5-11; D&C 19:15-19; 18:10-11

TALKS

"The Crucifixion of the Savior," Martin Allen Hansen;

"The Atonement,"

President Nelson, Oct. 1996 GC;

"The Purifying Power of Gethsemane,"

Elder Bruce R. McConkie, April 1985

GC (might be best to listen to);

"Be Perfected in Him,"

Elder Paul V. Johnson, Oct. 2022 GC

VIDEOS

"The Mediator" (Gospel Media app);

Bible videos under "Final Events" up until "Jesus Is Laid in a

Tomb" (GLA, Jesus Christ, Bible videos)

SUPPLEMENTAL MATERIAL IF DESIRED

D&C 138; Lessons 16-17 in Jesus Christ and the Everlasting
Gospel Institute Teachers Manual (GLA)

QUESTION FOR JOURNALING

How has a detailed study of the suffering of Jesus Christ on your behalf influenced your desire to willingly give your heart and life to Him?



THE RESURRECTED CHRIST

WEEK OF DEC. 8

SCRIPTURES

Luke 24; John 20; Mosiah 16:6-9;
2 Nephi 9:5-12; D&C 110:1-8; 3 Nephi 11

TALKS

"The Grave Has No Victory," Sister Reyna I. Aburto, April 2021 GC; "Sunday Will Come," Elder Joseph B. Wirthin, Oct. 2006 GC; "The Greatest Easter Story Ever Told," Elder Gary E. Stevenson, April 2023 GC

VIDEOS

Bible videos under "Final Events," any after "Jesus Is Laid in a Tomb"; see also "He Is Risen: John the Beloved's Witness of the Savior" (Gospel Media app); "Jesus Christ Appears in the Ancient Americas" (Book of Mormon videos)

SUPPLEMENTAL MATERIAL IF DESIRED

Lessons 18-20 in Jesus Christ and the Everlasting Gospel
Institute Teachers Manual (GLA)

QUESTION FOR JOURNALING

How has an increased understanding of and appreciation for the resurrection of Jesus Christ strengthened your desire to make and keep covenants with Him?



THE CHRIST CHILD

WEEK OF DEC. 15

SCRIPTURES

Matthew 1:18-25 & 2:1-15; Luke 1:26-38 & 2:1-20; 3 Nephi 1;
Mosiah 3:1-5; Alma 7:7

TALKS

“Christ the Savior Is Born,” President Nelson, BYU Devotional, 2002; “Maybe Christmas Doesn’t Come from a Store,” President Holland, Dec. 1977 Ensign (GLA, Magazines, Ensign); “Be at Peace,” Elder D. Todd Christofferson, December 2015 Ensign

VIDEOS

GLA, under Jesus Christ, Christmas videos, there are many *fantastic* videos under the “Light the World” and “Christmas Messages” section; see also Bible videos “Nativity” section; also take time to listen to Christmas music that draws you nearer to Christ

SUPPLEMENTAL MATERIAL IF DESIRED

Lessons 6-7 in Jesus Christ and the Everlasting Gospel
Institute Teachers Manual (GLA)

QUESTION FOR JOURNALING

How has a quiet and deep study of the miraculous birth of the Savior increased your urgency to place Christ as the true center of your life?



CENTERING MY LIFE ON JESUS CHRIST THROUGH A COVENANT RELATIONSHIP WITH HIM

WEEK OF DEC. 22

SCRIPTURES

[3 Nephi 18:6-12](#);

[Mosiah 5:5-13; Mosiah 18:7-16](#);

[D&C 109:12, 13, 15, 21-22](#)

TALKS

["The Everlasting Covenant,"](#) President Nelson, Oct. 2022

Liahona; ["Put Ye On the Lord Jesus Christ,"](#) Sister J. Anette

Dennis, April 2024 GC; ["Stronger and Closer Connection to](#)

[God Through Multiple Covenants,"](#) Elder Dale G. Renlund,

March 2024 BYU Devotional, ["The Lord Jesus Christ Will](#)

[Come Again,"](#) President Nelson, Oct. 2024 GC

VIDEOS

["Always Remember Him"](#); ["Temples Through Time"](#); and

choose among these great Book of Mormon Videos (GLA,

videos, BoM videos), [Mosiah 27/Alma 36](#); [Mosiah 1-5](#);

[Mosiah 11-18](#); [3 Nephi 18](#)

SUPPLEMENTAL MATERIAL FOR THE NEW YEAR

[2024 Stake Focus](#)

QUESTION FOR JOURNALING

What goals can you make right now that will help you more fully center your life on Jesus Christ in 2025?

